

I. COURSE DESCRIPTION:

This course will provide a comprehensive understanding of the anatomical structure and composition of the skin. Emphasis will be on analyzing the skin (as well as ethnic and men's skin) to determine skin types, and common skin conditions as well as internal and external factors which affect the skin. Precautions and contraindications to skin treatments will be discussed. Students will develop client consultation skills and will learn how to analyze information on a health history screen. Instruction on ingredient technology will also be stressed. Focus will be on benefits and contraindications to ingredients relevant to specific skin types and conditions and product formulations

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Analyze the anatomical structure and composition of the skin.
Potential Elements of the Performance:
 - Discuss the five basic functions of the skin
 - Analyze the components and functions of the subcutaneous layer
 - Analyze the components and functions of the dermal layer
 - Analyze the components and functions of the epidermal layer
 - Analyze internal and external factors which affect the overall health of the skin

2. Analyze the five skin types and common skin conditions.
Potential Elements of the Performance:
 - Identify specific characteristics of each skin type.
 - Identify needs and treatment concepts of each skin type and common skin conditions.
 - Apply knowledge of the structure and composition of the skin in determining skin type and common skin conditions.
 - Assess the impact of general health, gender, age, nutrition and diet, stress and external environmental factors on the skin and determine appropriate skin care treatments.
 - Apply knowledge of body systems, such as circulatory and immune systems, and apply their basic functions to the provision of esthetic services, taking into account contra indications, cautions and appropriate modifications.

- Analyze the characteristics and treatment concepts of ethnic skin
 - Analyze the characteristics and treatment concepts of men's skin.
 - Identify contra indications and modifications to treatments and specialized esthetic equipment related to common skin conditions
 - Explain a home maintenance schedule specific to skin types and demonstrate to clients the correct usage of various skin care products.
3. Analyze ingredient technology and the relevance to product formulations in general and specific to the products in the NatureMed Professional product line.
- Potential Elements of the Performance:
- Explain the importance of cosmetic labeling and ingredient safety and the laws governing cosmetic manufacturing established by the F.D.A.
 - Differentiate between performance and functional ingredients.
 - Discuss key classifications of ingredients used in product formulations, their uses and benefits for the product and in maintaining healthy skin.
 - Integrate a basic understanding of the p.H. scale.
 - Integrate NatureMed product knowledge in order to recommend products which meet individual needs and expectations.
 - Determine contraindications and necessary modifications to treatments utilizing information related to product ingredients and client health history.
 - Take into account the skin types and conditions to recommend specific ingredients in esthetic products and appropriate treatments for each skin type and condition.
 - Identify the properties, classifications, effects, and contraindications of a variety of ingredients found in the NatureMed skin care line.
 - Promote the products used by the Program.
4. Conduct a client health history consultation and skin analysis
- Potential Elements of the Performance:
- Analyze skin by conducting a first impression analysis, a thorough skin analysis during treatment, and a post service analysis.
 - Identify both a consultation and skin analysis form and

understand the criteria for an effective consultation and skin analysis.

- Identify common tools/resources used to analyze skin – magnifying lamp, Fitzpatrick Scale.
- Thorough knowledge of the anatomical composition of the skin and internal and external factors which affect the skin.
- Identify specific characteristics of each skin type and various skin conditions.
- Record information on a skin analysis and health history chart accurately and effectively.
- Discuss the importance of information elicited on a client health history screen.
- Determine contraindications and necessary modifications to treatments utilizing information related to product ingredients and client health history.
- Promote the features and benefits of esthetic services and products related to information on client health history.
- Consult with and recommend to clients essential home maintenance products and schedules in order to maintain the health of the skin.

5. Discuss the theory of massage and locate the muscles of the face, neck and décolleté for an effective massage treatment.

Potential Elements of the Performance:

- Describe the five classic massage movements and how they affect the skin.
- Locate and describe the importance of muscles of the face, neck and décolleté.
- Differentiate between sensory and motor nerves
- Locate vital pressure points
- Discuss the benefits of massage
- Discuss contraindications of massage.

- 6.

Potential Elements of the Performance:

III. TOPICS:

1. Physiology and Histology of the Skin
2. The Functions of the Skin
3. Skin Types, Ethnic Skin, Men's Skin Health
4. Skin Conditions
5. Skin Analysis

6. Client Consultation
 - Ingredient Technology/ Product Formulations
 - The p.H. Scale
 - Muscles, Nerves of the Face, Neck and Decolette
 - The Facial Massage Technique

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Study Guide: Salon Fundamentals Esthetics, 2nd edition, by St. Germain, Clif, Fisher, Janet (2004) Pivot Point Inc.

Text Book: Salon Fundamentals Esthetics, 2nd edition. Pivot Point Inc.

Binder, paper, pens, pencils

V. EVALUATION PROCESS/GRADING SYSTEM:

Histology/Physiology	20 marks
Skin Types	20 marks
Ethnic Skin/Men's Skin	10 marks
Skin Conditions	20 marks
Massage/Muscles Theory Test	10 marks
Research Assignment (Ingredients)	20 marks

The following semester grades will be assigned to students:

Grade	Definition	<i>Grade Point Equivalent</i>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	

X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course without academic penalty.

If a faculty member determines that a student is at risk of not being academically successful, the faculty member may confidentially provide that student's name to Student Services in an effort to help with the student's success. Students wishing to restrict the sharing of such information should make their wishes known to the coordinator or faculty member.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session. *<Optional: It is the departmental policy that once the classroom door has been closed, the learning process has begun. Late arrivers will not be granted admission to the room.>*

<include any other special notes appropriate to your course>

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located in D2L and on the portal form part of this course outline.



COURSE OUTLINE ADDENDUM

1. Course Outline Amendments:

The faculty member reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

2. Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

3. Prior Learning Assessment:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question. Please refer to the Student Key Dates Calendar for the deadline date by which application must be made for advance standing.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio. Student Services can provide information regarding the Prior Learning Assessment and Recognition policy or it can be viewed on the student portal.

Substitute course information is available in the Registrar's office.

4. Student Portal:

The Sault College portal allows you to view all your student information in one place. **mysaultcollege** gives you personalized access to online resources seven days a week from your home or school computer. Single log-in access allows you to see your personal and financial information timetable, grades, records of achievement, unofficial transcript, and outstanding obligations. In addition announcements, news, academic calendar of events, class cancellations, your learning management system (LMS), and much more is available. Go to <https://my.saultcollege.ca>.

5. Communication:

The College considers **Desire2Learn (D2L)** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of this Learning Management System (LMS) communication tool.

6. Accessibility Services:

If you are a student with a disability (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with the Accessibility Services office. Call Ext. 2703 or email studentsupport@saultcollege.ca so that support services can be arranged for you.

7. Audio and Video Recording Devices in the Classroom:

Students who wish to use electronic devices in the classroom will seek permission of the faculty member before proceeding to record instruction. Students with disabilities who require audio or visual recording devices in the classroom as an accommodation will receive approval from their counsellor once the Audio and Video Recording Devices in the Classroom Policy has been reviewed by the student. Recorded classroom instruction will be used only for individual academic use and will not be used for any other purpose. Recordings may only be used for individual study of materials presented during class and may not be published or distributed. Intentional misuse of audio and video recordings or intentional misrepresentation when requesting the use of a device for recording shall constitute a violation of this policy and laws protecting intellectual property.

8. Academic Dishonesty:

Students should refer to the definition of “academic dishonesty” in the *Student Code of Conduct*. Students who engage in academic dishonesty will be issued a sanction under the Student Code of Conduct which could lead to and include expulsion from the course/program. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, students must use a documentation format for referencing source material.

9. Tuition Default:

Students who have defaulted on the payment of tuition) as of the first week of November (fall semester courses), first week of March (winter semester courses) or first week of June (summer semester courses) will be removed from placement and clinical activities due to liability issues. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as of the result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.